

Sample intentional statements – can be used at the beginning of the day/lesson...

Today I want to...

Today I will try to ...

I would like to find out more about

One new thing I will try to do today is

I would like to be more....because

I am going to focus on...

I think I can help others by...

I need to avoid...

I need to remember to...

By the end of the day I hope I...

I can help myself learn well today by...